

May Social Weekend

This weekend is our Monthly Social Weekend. If you need to use the elevator, kindly let us know and we will be happy to take you to the hall where you can enjoy refreshments and catch up on parish updates and make new friends. We hope many of you will join us.

Sacrament of Confirmation

Congratulations to our candidates who were confirmed by Archbishop Prendergast last Thursday, May 17th.

May the Holy Spirit continue to guide our candidates and their families. Thank you to the volunteers who helped with the reception which followed in the parish hall.

Statue of Angel on Tabernacle

The statue of the wooden angel on our tabernacle has been donated by the Graham Family. The statue had been in their family home for decades. It originally came from the chapel of the Rideau Street Convent. The chapel was subsequently taken down and installed in the National Gallery.

We thank the Graham Family for their kind donation to our parish. We also thank Mr. Gord Atkinson for securing the angel to the Tabernacle.

Automated External Defibrillator

The Graham Family has also donated an Automated External Defibrillator (AED) to the parish. As such, we are looking into providing CPR training to parishioners interested. The aim is to ensure we have trained people in CPR and the use of the AED. We would like to have at least one trained parishioner present at every weekend Mass and parish activities in the event of a medical emergency.

If you are interested in being trained, kindly email the parish or give your name to the office. Once we have enough names, we will contact the Heart and Stroke Foundation for a training session.

Looking Ahead: Liturgical Calendar

- May 27: Solemnity of the Most Holy Trinity
- June 3: Solemnity of the Most Holy Body & Blood of Christ (Corpus Christi)
- June 10: 10th Sunday in Ordinary Time
- June 17: 11th Sunday in Ordinary Time
- June 24: Solemnity of St. John the Baptist

Our Summer weekend Schedule for Mass

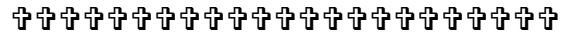
July and August weekend Mass
Starting June 30 and July 1 weekend:

4:30 pm Saturday Mass

&

10:00 am Sunday Mass

Please mark your calendar.



Friendly Reminder

Kindly be mindful that during this flu and colds season, not to shake hands during the sign of peace but only to nod and smile on each other as an exchange of peace.

And also, a kind reminder to always “lift” or “fold down the kneelers” using one’s hands instead of one’s foot – to minimize noise of the kneelers during Mass. Thank you for your kind consideration.



“Stewardship” link on our parish website and United Way donations

Please check out the “stewardship” link on our parish website: www.olomc-ottawa.com

This “stewardship” link for church donations, done through **CanadaHelps.org**, will forward your donation to our parish. This is a great option especially when you are away during the summer months, you will still be able to support our parish financially.

You can also donate **through United Way** and specify to your employer that your donations are for Our Lady of Mount Carmel Parish in Ottawa, and United Way will send your donation to our parish.

Thank you for your generous support to our parish faith community.

